

# **Paper Code: 5131**

## **M.A. FINAL**

### **Paper – V**

#### **Advanced Human Development and Family Welfare**

##### **Unit I**

1. Early childhood care and development: meaning, characteristics, importance of early childhood years and developmental tasks.
  - Objectives of ECCE
2. Types of Preschool Programmes: Creche, open school, Montessori, Kindergarten Balwadi, Anganwadi.
3. Concept of formal and playway method.

##### **Unit II**

4. Concept of organisation and administration of early childhood centres, budget building, equipment, staff weekly and daily planning. Maintenance of records and registers.
5. Concept of ECCE curriculum – different indoor and outdoor activities, significance of play, science activity, art and craft activity.
6. Parental involvement in early childhood education and care programmes and its importance.

##### **Unit III**

7. Young Adulthood (19-40 years).
  - Definition of an “Adult” need to study.
  - Developmental tasks of a young adult.
  - Significance of the period, responsibilities and adjustment: New family, work place, parenthood, Independence, financial matters.
8. Sex role - Meaning, concept, issues and their coping strategies, implications on young adults.

9. Middle Adulthood (41 to 60 years).  
Definition, Physical changes Development Task and diseases.
  - Menopause, Health issues.
10. Stresses in middle age, coping with stress at family, workplace.
  - Occupation and Job satisfaction.
11. Pre-retirement and leisure – Preparation for retirement.

#### **Unit IV**

##### Late Adulthood and Aging

12. Definition, characteristics, developmental tasks physiological changes, Health problems.
  - Retirement – effect of retirement on self, family society, finances.
13. Old age and social adjustments.
  - Issue – Old age homes, loneliness, coping with loneliness.

#### **Unit V**

14. Family Welfare:
  - Programmes at local, state, national and international level.
15. Principles, Policies, organisations:
  - Functions objectives of these programmes and beneficiaries.
16. Rights and responsibilities of child, parent and society.

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2. Craig, G. (1999): Human Development, NJ: Prentice Hall.
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8. Govt. of India Profile of the Child in India: Policies and programme, New Delhi: Ministry of Social Welfare. 1980: Units II, III.
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12. Foster and Heedley, Education in the Kindergarten.
13. Green and words, Nursery School Handbook for parents and teachers.
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