

## THIRD YEAR T.D.C. ARTS

### HOME SCIENE

	<b>Duration of Exam.</b>	<b>M.M.</b>	<b>Min. M.</b>	<b>Total No. of Hours/ Week</b>
Paper-I: Human Development and Family Relationship	3 Hrs.	75	27	3
Paper-II: Textiles and Laundry	3 Hrs.	75	27	3
<b>PRACTICALS</b>				
Pract. I: Clothing Construction	3 Hrs.	25	09	02
Pract II: Laundry Work	3 Hrs.	25	09	02

**3120**

**THIRD YEAR T.D.C. ARTS**

**HOME SCIENCE**

**Paper – I**

**Human Development & Family Relationship**

**Unit I**

1. (a) Meaning and Definition of Child Development and its relation to allied fields.
- (b) Scope, Importance and Methods of Child Study.
2. (a) Growth and Development – Definition
- (b) Principles of Development – Developmental task, factors affecting growth and development. Heredity and environment.
- (c) Learning and Maturation – Meaning, Significance theories and laws of learning.

**Unit II**

3. Development during Infancy, Early and Late Childhood:
  - (a) Physical and Motor development
  - (b) Social development
  - (c) Emotional development
  - (d) Mental and Cognitive development
  - (e) Speech and language
  - (f) Personality
4. Adolescence Age – Characteristic, Physiological and Psychological changes, Problems and their solutions.

**Unit III**

5. Play and Activity: Meaning and value of play in childhood, characteristic of play, kinds of play-free and Spontaneous, make believe, constructive games, sports and amusement.

6. Habit: Habit formation, condition of habit formation, importance of good habit, deconditioning bad habits.
7. Exceptional Children:
  - (a) Gifted
  - (b) Retarded
  - (c) Physically handicapped

#### **Unit IV**

8. Mental Health – Definition, Predisposing factors of delinquent behaviour.
9. Problems of Children – Thumb sucking, Nailbiting, Enuresis (Bed wetting) temper tantrum, shyness speech disorders – Stuttering and stammering, fear, telling lies and destructive behaviour.

#### **Unit V**

10. Parent Child Relationship:
  - (a) Basis for understanding human behaviour – physical, social and psychological needs.
  - (b) Making adjustments, ways of meeting situations like running away, attacking, altering one's attitude and balance in adjustments.
11. Parent Hood:
  - (a) Responsibilities
  - (b) Influence of Parents, attitude on social and personality development of the child.
  - (c) Guidance and directing child's activities at home, planning hobbies for children.

#### **Books Recommended:**

1. Child Development: Laura E. Berk II Ed.
2. Text book of Child Development: Rajammal P. Devdas.
3. Child Development: Hurlock.
4. डॉ. आशा पारीक: बाल विकास एवं पारिवारिक सम्बन्ध, कॉलेज बुक डिपो, त्रिपोलिया बाजार, जयपुर।
- 5<sup>प</sup> मुद्दुरेश्वर पारिख: बाल विकास एवं पारिवारिक सम्बन्ध।
- 6<sup>प</sup> बी.के. बख्शी: मातृ कला एवं बाल विकास।